

FINAL  
PROGRAMME

21-23  
September  
2017

BUDAPEST  
Hungarian  
Academy  
of Sciences

Meeting Chair  
Sándor Lovász



ESSIC

International Society for the Study of Bladder Pain Syndrome

## ESSIC EXECUTIVE COMMITTEE

Jean-Jacques Wyndaele, President (Antwerp, Belgium)  
Mauro Cervigni, Vice President (Rome, Italy)  
Jørgen Nordling, Treasurer (Copenhagen, Denmark)

## ESSIC BOARD

Philip Hanno (Palo Alto, USA)  
Magnus Fall (Göteborg, Sweden)  
Rajesh Taneja (New Delhi, India)  
Tomohiro Ueda (Kyoto, Japan)  
Joop P van de Merwe (Rotterdam, The Netherlands)  
Andrew Zaitcev (Moscow, Russia)

### ESSIC PRESIDENT MESSAGE



Dear all,

I hope to see many of you during the upcoming ESSIC annual scientific meeting in Budapest, September 21-23 2017.

A lot is happening in the world of chronic pelvic pain and bladder pain syndrome. Several new treatment modalities are under research and much is being learnt from more

extended clinical studies. Many items will be presented and discussed when we meet. With your help ESSIC is in the process of being built into the World Scientific Society on these topics.

Come and meet the new Board Members and join the discussion also on the administrative and educational developments.

Budapest is a wonderful city and those who have visited before will agree with me. The local host Prof Sándor Lovász is well known to us and a longstanding authority in the field. So take your agenda and block the dates. It will be worthwhile.

J.J. Wyndaele  
ESSIC President

### MEETING CHAIR MESSAGE



Dear Guests & Friends,

It is my pleasure and honour having the chance to organize the Annual Meeting of ESSIC 2017 in Budapest, Hungary.

This country offers a quite good example of a territory with a low detection rate of BPS and insufficient cooperation between urologists, gynaecologists and GPs. Therefore, having the

ESSIC meeting in Budapest is a big opportunity for us to reverse this trend. I am confident Budapest will be a proper venue for this challenging conference and health professionals will certainly deliver new and inspiring ideas. ESSIC is furthermore the right organization to discuss, collect and share new thoughts, ideas, and innovations; new generations of doctors are expected to contribute with alternative and original proposals in this medical area.

Besides this uniquely inspiring scientific programme, it is worth mentioning that Budapest is a beautiful capital, with a 2000 year old history; it also offers magnificent buildings and stunning views from both sides of the Danube. Budapest therefore has all it takes to become for you a pleasurable journey; you may even end up considering to come back to the city for a long family holiday. Looking forward to welcoming you all in Budapest on September 2017. Warmest Regards

Sándor Lovász  
ESSIC Meeting Chair 2017

21  
sep  
17

- 14.00 Registration
- 15.00 Welcome Address  
J.J. Wyndaele, ESSIC President - S. Lovász, Meeting Chair
- 15.15 **1<sup>st</sup> SESSION | Basic knowledge about GAG's, mast cells, urothelium and pain**
- 15.40 Moderator: J.J. Wyndaele
- 16.05 GAG physiology | J.J. Wyndaele
- Mast cells | J. Nordling
- Urothelium and pain | L. Birder
- 16.30 Coffee Break

- 17.00 **2<sup>nd</sup> SESSION | Roundtable on ESSIC guidelines**  
Moderators: J. Nordling, P. Hanno, M. Fall, J.J. Wyndaele
- Shortcomings and what should be changed/improved
- 18.30 Welcome Message | J.J. Wyndaele, S. Lovász
- 19.00 Welcome Reception

22  
sep  
17

- 3<sup>rd</sup> SESSION | GAG replenishment - Practical aspects  
Moderator: M. Cervigni
- 09.00 Why would we use GAG replenishment/pathophysiological background | J.J. Wyndaele
- 09.20 Products used for GAG replenishment 1 | C. Riedl
- 09.40 Products used for GAG replenishment 2 | R. Taneja
- 10.00 Roundtable | GAG replenishment: part 1  
Moderators: S. Lovász, R. Taneja  
Practical application: frequency of instillation, additional products, how long should the treatment continue
- 11.00 Coffee Break
- 4<sup>th</sup> SESSION | GAG replenishment: part 2  
Moderators: T. Ueda, S. Lovász
- 11.30 Side effects of instillation and how to prevent them | S. Lovász
- 11.45 Combining with peroral drugs | T. Ueda
- 12.05 Roundtable | GAG replenishment and-self treatment: part 2  
Moderators: R. Taneja, Y. Logadottir
- 12.45 Lunch
- 5<sup>th</sup> SESSION | Hunner lesion  
Moderator: J. Nordling
- 13.45 Pathological findings | C. Kabjorn-Gustafsson
- 13.55 Diagnosis | A. Zaitcev
- 14.05 Ablation techniques and risks | M. Fall
- 14.15 IC is BPS with Hunner lesion | R. Peeker
- 14.25 Roundtable | Hunner lesion: subtype of IC or different disease  
Moderators: A. Zaitcev, M. Fall
- 15.00 Coffee Break

## 6<sup>th</sup> SESSION | Specific types of BPS patients

Moderators: M. Cervigni, P. Hanno

- 15.30 BPS patient without bladder disease | P. Hanno
- 15.45 Pain in the urethra | S. Lovász
- 16.00 Pain in the vulva | M. Cervigni
- 16.15 Infection and IC | B. Köves
- 16.35 Diet effects | R. Taneja
- 16.45 Roundtable | How to deal with specific BPS patients?  
Moderators: M. Cervigni, T. Ueda, C. Riedl
- 17.15 ESSIC Annual General Meeting (for members only)
- 20.00 ESSIC Dinner

23  
sep  
17

## 7<sup>th</sup> SESSION | Male BPS

- 09.00 The male patient | R. Moldwin
- 09.30 Roundtable | The male BPS patient  
Moderators: M. Fall, R. Moldwin
- 10.10 Coffee Break

## 8<sup>th</sup> SESSION | Free presentations

Moderators: J.J. Wyndaele, K. Whitmore

### Podium Presentations

- 10.30 1. The Prevalence of Bladder Pain Syndrome/Interstitial Cystitis in Italy  
L. Nasta
- 10.42 2. Endovesical Ho: YAG laser coagulation of Hunner's lesions: 12 years' experience  
A. Zaitcev
- 10.54 3. BPS: real life clinical practice, implementation and effectiveness  
A. Zaitcev, M. Sharov
- 11.06 4. Heart rate and anxiety in subjects with chronic pelvic pain syndrome versus healthy ones, in terms of mental stress  
R. N. Jurcau, I. M. Jurcau
- 11.18 5. Physical stress modulation, for subjects having chronic pelvic pain syndrome, with Schisandra chinensis  
R. N. Jurcau, I. M. Jurcau
- 11.30 6. The influence of „Urinary Biomycin“, in subjects with chronic pelvic pain syndrome, on urinary irritations and unpleasant urinary feelings  
R. N. Jurcau, I. M. Jurcau

### Poster Presentations

- 11.45 7. Pain symptoms in patients with chronic pelvic pain: role of psychotherapy with clinical hypnosis  
W. Comello, E. Ammirati, R. Carone, A. Giammò
- 11.58 8. Standardized evaluation system of BPS/IC: an Italian proposal  
A. Giammò, E. Ammirati, R. Carone
- 12.06 9. National survey of expertise centers for BPS/IC in Italy  
A. Giammò, E. Ammirati, E. Finazzi Agrò, M. De Gennaro, L. Nasta, R. Carone
- 12.14 10. Putative role of stress-induced abnormal neuronal calcium homeostasis in IC/BPS  
F. A. Kullmann, B. McDonnell, A. Wolf-Johnston, A. Lynn, R. Bergmann, T. Kanai, L. Rodriguez, L. Birder
- 12.22 11. Interstitial Cystitis. Definition of standardized report to evaluate Istopathological features 1  
G. Sbrollini, M. Cevenini, P. Fulvi, A. Ciavattini, R. Mazzucchelli, R. Montironi, A. Gabrielli, G. Muzzonigro, A. Galosi

- 12.30 12. Diagnostic Therapeutic Pathway (PDT) for Interstitial Cystitis with multidisciplinary approach - minimal diagnostic criteria, therapy and monitoring  
G. Sbröllini, M. Cevenini, P. Fulvi, A. Ciavattini, R. Mazzucchelli, R. Montironi, A. Gabrielli, G. Muzzonigro, A. Galosi
- 12.38 13. Bladder pain syndrome in patients with chronic prostatitis / CPPS associated with secondary hypogonadism  
F. Kostev, L. Krasilyuk, A. Rudenko, R. Bakhchiev, M. Shostak
- 12.46 14. Correlation between bladder volume and clinical presentations of bladder pain syndrome  
A. Zaitcev, D. Pushkar, O. Thibulya
- 12.54 15. Comparison of efficacy intravesical, oral and combined GAG-replenishment therapy as Painful Bladder Syndrome treatment modality  
Y. Mirkin

### 13.15 Lunch

### 9<sup>th</sup> SESSION | Focus on the patient Moderators: R. Moldwin, R. Taneja

- 14.00 Sexuality | [K. Whitmore](#)
- 14.15 How to reduce costs of IC treatment? | [S. Lovász](#)
- 14.30 Special diagnostic and conservative treatment techniques | [J. Quaghebeur](#)
- 14.45 Which is the easiest and optimal way to follow up our patients? | [S. Lovász](#)
- 15.00 Patient groups: the way forward | [J. Meijlink](#)
- 15.15 My daughter's journey with IC | [G. Benshabat](#)

### 15.30 Coffee Break

### 10<sup>th</sup> SESSION | Summary of Roundtables Moderators: A. Zaitcev, J. Nordling

- 16.00 Phenotyping | [Y. Logadottir](#)
- 16.20 Actual management overview | [S. Lovász](#)
- 16.40 Hunner lesion | [M. Fall](#)
- 17.00 Specific aspects to be improved: ESSIC guidelines 2017-2018 | [P. Hanno](#)
- 17.15 Closure of meeting | [J.J. Wyndaele](#)

### Non discussed posters

16. Urinary tract infections during pregnancy among internally displaced persons in Kurdistan region of Iraq  
[S.K. Saeed](#)
17. Efficacy of combination therapy of  $\alpha$ 1-blockers, tamsulosin and naftopidil, on voiding dysfunction and neuronal activation in benign prostatic hyperplasia rats  
[S.J. Kim Su](#), [B.H. Choi](#), [K.H. Kim](#)

## Faculty

- |                                                       |                                                 |
|-------------------------------------------------------|-------------------------------------------------|
| <a href="#">Lori Ann Birder</a> , USA                 | <a href="#">Jørgen Nordling</a> , Denmark       |
| <a href="#">Mauro Cervigni</a> , Italy                | <a href="#">Ralph Peeker</a> , Sweden           |
| <a href="#">Magnus Fall</a> , Sweden                  | <a href="#">Jörgen Quaghebeur</a> , Belgium     |
| <a href="#">Philip Hanno</a> , USA                    | <a href="#">Claus Riedl</a> , Germany           |
| <a href="#">Christina Kåbjörn Gustafsson</a> , Sweden | <a href="#">Rajesh Taneja</a> , India           |
| <a href="#">Béla Köves</a> , Hungary                  | <a href="#">Tomohiro Ueda</a> , Japan           |
| <a href="#">Yr Logadottir</a> , Sweden                | <a href="#">Kristene Whitmore</a> , USA         |
| <a href="#">Sándor Lovász</a> , Hungary               | <a href="#">Jean-Jacques Wyndaele</a> , Belgium |
| <a href="#">Jane Meijlink</a> , The Netherlands       | <a href="#">Andrew Zaitcev</a> , Russia         |
| <a href="#">Robert Moldwin</a> , USA                  | <a href="#">Gail Benshabat</a> , Canada         |

## GENERAL INFORMATION

### VENUE

Hungarian Academy of Science  
Széchenyi István tér 9, 1051 Budapest, Hungary

### UEMS CME

UEMS ACCREDITATION REQUESTED

EACCME awarded ESSIC Annual Meeting with 15 UEMS Credits.

Credits applications available for Physicians, Gynecologists, Urologists, Surgeons, Neurologists, Gastroenterologists, Anesthetists, Nurses and Obstetrics interested in the management of BPS.

### REGISTRATION

Send registration form to the organizing secretariat together with the receipt of payment.

#### REGISTRATION COSTS

Until 31 July 2017

After 31 July 2017

MD, MhD	200 €	300 €
MD, MhD (ESSIC Members)	150 €	250 €
Nurse & Care Workers	100 €	200 €
Students & Residents	50 €	50 €
Patients	50 €	50 €

Fee is meant for each person, in Euros, VAT free. The registration fee includes: certificate of attendance, CME related forms, coffee breaks and lunch, free entrance to the exhibition area. For group registration please contact the Organizing Secretariat in order to take advantage of registration package.

### ESSIC DINNER

The ESSIC Dinner is not included in the registration fee. If you wish to attend, please confirm your presence during the registration process. The cost per person is € 70.

### HOTELS

For hotel reservations please contact the organizing secretariat.

### EXHIBITORS AND SPONSORS



CHECK FOR UPDATES  
[www.essic.eu](http://www.essic.eu) - [www.essicmeeting.eu](http://www.essicmeeting.eu)



# ESSIC

[www.essic.eu](http://www.essic.eu) - [info@essic.eu](mailto:info@essic.eu)

defoe®

Organizing Secretariat & CME Provider nr. 199  
T. +39.0523.338391 | [essic@defoe.it](mailto:essic@defoe.it) | [www.defoe.it](http://www.defoe.it)