

# MIPS



Mediterranean  
Incontinence  
and Pelvic Floor  
Society

## IV Annual Meeting

1-3 December, 2016

Malta

Victoria Hotel Congress Centre

Final Programme

Meeting Chair  
Alberto Vella

[www.mipsnet.org](http://www.mipsnet.org)





Dear Colleagues and Friends,

It gives me the greatest pleasure to invite you to join us at the next IV MIPS 2016 Annual Meeting in Malta. The scientific committee planned a fabulous program. The objective of the Annual Congress is to provide a comprehensive and an in-depth analysis to specialists in Gynecology and Urology from all the Mediterranean area and to offer a critical evaluation of clinical practices and key research developments as well to midwives, nurses and physiotherapist. International and prestigious speakers are invited, who will share their knowledge and experience. The range of sessions will cover topics such as Basic pelvic reconstructive surgery, Surgical management of Pelvic Organ Prolapse and Masteric Pelvic Pain with Experts: Strategies and techniques for a multimodal approach to Chronic Pelvic Pain. I'm extremely proud that we have on our annual event such a dedicated Meeting Chair, Alberto Vella. He is very pleased that this year the Congress will be held in Malta and look forward to welcoming you to his country, I'm sure Alberto Vella will extend a very warm welcome to all of you! Please mark in your calendars the dates of the IV MIPS 2016 Annual Meeting, December 1 – 3, 2016, so that you may join your colleagues in what I'm sure will be a fantastic meeting.

Biagio Adile | MIPS President



Dear Friends and Colleagues,

It gives me great pleasure as the Chairman of the Executive Board to invite you to our Fourth MIPS Annual meeting. The venue is the beautiful Mediterranean Island Country of Malta famous for its central Mediterranean location, warm climate and recreational areas, rich multi-cultural history and three UNESCO World Heritage Sites. Congratulations to our Host Chair: Professor Alberto Vella who will certainly organize an excellent meeting to build on the exceptional success of MIPS 2015 in Ljubljana, Slovenia. Our education committee chaired by Professor Fulya Dokmeci has ensured that the scientific programme is specific to physician educational needs, training priorities and patient care in our Mediterranean countries. This year, we are introducing an interactive theme to the programme with plenty of time devoted for discussions with the speakers panel to maximize the educational value. There will be hands-on workshops and a dedicated session for male urinary incontinence as well as the usual podium and surgical video presentations. We are also hosting 2 guest lectures for our affiliated societies: the SUFU (Society of Urodynamics, Female pelvic medicine and Urogenital reconstruction) lecture will be given by the President, Professor J. Quentin Clemens and the EUGA (European Uro-Gynecological Association) lecture will be given by the President, Professor Stefano Salvatore. I, therefore, wholeheartedly advise our trainee colleagues, whether fellows or residents, to use this opportunity to share their research findings with Mediterranean colleagues and learn from the experts and key opinion leaders in pelvic floor dysfunctions. There will be two awards for the best basic science and clinical presentation and the winners will receive free annual subscription for 2017 as well as free registration for our next annual meeting. This is an occasion to further the scientific exchange and friendship in the Mediterranean region with a consequent positive impact on incontinence care and service delivery to our patients. Biagio, Alberto, Natalia and I are very much looking forward to welcome you in Malta in December, 2016.

Diaa Rizk | Chairman of the MIPS Executive Board



Dear Colleagues and Friends,

It is a great honour and pleasure as the Meeting Chair of the 4th MIPS annual meeting which will be held in Malta in December. Malta is an archipelago with a tremendously rich history which dates back to the year 5200BC. The islands have been occupied by successive rulers which included the Phoenicians, the Romans, the Normans, the Order of St. John, the French and the British. Malta became an independent country in 1964, a Republic in 1974, and a member of the European Union on the 1st of May 2004. In the first half of 2018, Valletta will be the European Capital of Culture. The local organising committee is proud to host expert in the field of urogynaecology from around the globe, bringing together expertise from different disciplines in the field. The main aim of the meeting is the innovative approach to the field of urogynaecology. The meeting will encompass oral presentations, surgical presentations via video-conferencing and poster presentations. The meeting is open to all disciplines pertaining to the field. We are aiming towards providing the latest updates in the field, to the heart of the Mediterranean. On behalf of the committee, I look forward to welcoming you in December, 2016.

Alberto Vella | MIPS 2016 Meeting Chair



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## FACULTY

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Alberto Vella, Malta

Thursday 1<sup>st</sup> December

- 07.45 Registration IV Annual Meeting
- 08.30 Opening Ceremony  
Biagio Adile, Mark Brincat, Diaa Rizk, Alberto Vella
- 08.45 University of Malta Lecture: Update on Urogynaecology  
Introduction: Mark Brincat, Diaa Rizk L. Cardozo
- 09.15 EUGA LECTURE  
Recent advances in the evaluation and management of female sexual dysfunctions  
Introduction: Diaa Rizk S. Salvatore
- 09.45 Workshop 1 | Practical Urodynamics C. Errando, M. Serati
- 11.15 COFFEE BREAK and VISIT THE EXHIBITS 
- 11.30 Workshop 2 | Pelvic floor Ultrasound T. Grigoriadis, I. Marton
- 13.00 LUNCH and VISIT THE EXHIBITS 

**Session ONE | Pregnancy, Childbirth and the Pelvic Floor**  
Breaking through the barriers in the Mediterranean countries  
Chairs: Mark Brincat, Diaa Rizk

- 14.00 How to do pregnancy and childbirth contribute to pelvic floor disorders? A. Padoa
- 14.30 Obstetric practice and prevention of pelvic floor dysfunctions:  
How can the obstetrician help? Y. Muscat Baron
- 15.00 Prevention and management of anal sphincter injury: practical advice for the  
delivery room A. Vella
- 15.30 Preventive urogynaecology and new antenatal predictive models J. Ghigo
- 16.00 COFFEE BREAK and VISIT THE EXHIBITS 

**Session TWO | Surgical management of Pelvic Organ Prolapse (POP)**  
Point / Counterpoint with Cases and Videos  
Chairs: Mauro Cervigni, Adolf Lukanović

- 16.30 Do we use native tissue or mesh for primary repair? S. Athanasiou
- 17.00 How to manage POP with occult stress urinary incontinence?  
Primary or interval surgery? T. Grigoriadis
- 17.30 How to manage advanced and/or recurrent POP?  
Trans-vaginal or trans-abdominal approach? A. Mansoor
- 18.00 Speakers Panel | How to manage complications of pelvic floor  
reconstructive surgery?
- 20.00 Welcome by H.E. Mr. Chris Fearn - Minister of Health, Malta (Included in the Registration Fee)   
Departure Time: 18.30

Friday 2<sup>nd</sup> December

08.30 Young doctors corner | How to write and publish a scientific paper/grant proposal? D. Rizk

09.00 Inaugural Speech: H.E Mr. Chris Ferne - Health Minister of Malta  
Introduction: Alberto Vella

**Video Session | Basic pelvic reconstructive surgery**  
Chairs: Themos Grigoriadis, Charles Savona-Ventura

09.30 Levator Myorrhaphy M. Cervigni  
10.00 Urethral Diverticulectomy B. Adile

10.15 **COFFEE BREAK and VISIT THE EXHIBITS** 

10.45 Sacrospinous colpopexy M. Blaganje

11.15 Vaginal Hysterectomy and high utero sacral suspension M. Karram

**Podium Video Presentation**

Chairs: Themos Grigoriadis, Charles Savona-Ventura

12.10 New concept of male urethral sling Readjustable Circunferential Pressure A.Sousa, F. Javier

12.20 Anterior prolapse repair with SURELIFT system Results of efficiency and safety up to 6 years of follow-up A.Sousa, F. Javier

12.30 **SUFU LECTURE** Q. Clemens  
Female urinary incontinence and the transition to value-based management:  
how it relates to the Mediterranean countries?  
Introduction: Diaa Rizk

13.00 **LUNCH and VISIT THE EXHIBITS** 

**Abstract Session**

Chairs: Fulya Dökmeci, Carlos Errando

14.00 1. Hystopathological findings of the vaginal epithelium after the laser therapy in postmenopausal women  
Jankovic Raznatovic Svetlana

14.10 2. Laparoscopic Sacrocolpopexy in a sheep: An Animal model in Surgical Education  
Platteuw Lieven, Curinier Sandra, Mansoor Aslam, Botsorishvili Revaz, Rabischong Benoit

13.50 3. Correlation between the number of ER.YAG laser pulses and the Q-tp-test, ICIQ-UI-SF and FSI  
Ramirez-Garcia Ines

14.00 4. Face - Validity Assessment of ePAQ (electronic Personal Assessment Questionnaire)  
Nelva-Stellio Leonardo, Soligo Marco, De Simone Giuliana, De Ponti Elena, Casati Patrizia, Ferrazzi Enrico

14.10 5. Relationship between radiological imaging of retoccele and Obstructed Defecation Syndrome symptoms  
Sturiale Alessandro, Barrera Rosalia, Fabiani Bernardina, Menconi Claudia, Liuwei Cheng, Neri Emanuele, Naldini Gabriele

14.20 6. Inheritance of Pelvic Organ Prolapse  
Teksen Fulya, Dokmeci Fulya, Ozkan Tulin, Cetinkaya Serife Esra, Kaplan Fuat

Friday 2<sup>nd</sup> December

- 15.00 Innovative therapeutic approaches for female pelvic floor dysfunction. Laser therapy: does it work?  
Introduction: Mauro Cervigni A. Lukanovic, K. Drusany
- 15.30 **COFFEE BREAK and VISIT THE EXHIBITS** 
- Session THREE | Challenges in managing lower urinary tract symptoms in women-interactive seminar**  
Chairs: Biagio Adile, Enrico Finazzi-Agrò
- 16.00 How can we predict the surgical failure of mid-urethral slings for treatment of stress urinary incontinence (SUI)? M. Serati
- 16.20 Diagnosis and management of mid-urethral slings complications F. Dökmeçi
- 16.40 Minimally invasive therapies for SUI: Single incision slings versus bulking agents: the case for each in 2016 G. Baya, S. Tosson
- 17.20 Management of refractory and severe overactive bladder symptoms (Botulinum toxin and neuromodulation): When and how? S. Arlandis
- 17.40 Speakers Panel | What is the management of recurrent SUI?
- 20.00 **MIPS Faculty Dinner** 

Saturday 3<sup>rd</sup> December

- Session FOUR | What are the surgical options for treatment of post-prostatectomy incontinence?**  
A speakers panel update  
Chairs: James Quentin Clemens, Simon Bugeja
- 08.00 Advance transobturator sling S. Arlandis
- 08.15 Re-adjustable sling C. Errando
- 08.30 Adjustable Transobturator Male System S. Arlandis
- 08.45 Artificial urinary sphincter C. Errando
- 09.00 Discussion
- 09.15 **Sponsored Symposium DEKA\***
- 09.45 **COFFEE BREAK and VISIT THE EXHIBITS** 
- Session FIVE | Mastering Pelvic Pain with Experts**  
Strategies and techniques for a multimodal approach to Chronic Pelvic Pain  
Chairs: Eric Bautrant, Safwat Tosson
- 10.15 Diagnosis and management of the bladder pain syndrome (BPS): the ESSIC Criteria M.Cervigni
- 10.35 Diagnosis and management of vulvodynia: the updated recommendations E.Bautrant
- 10.55 What can the physiotherapist contribute to the management of chronic pelvic pain? I. Ramirez
- 11.15 Round Table | What are the available therapeutic options for refractory chronic pelvic pain?

Saturday 3<sup>rd</sup> December

## HOUSE DEBATE

Pelvic reconstructive surgeons as innovators – What is the patient expecting?

Chair: Alberto Vella

11.30 PRO  
11.45 CON

M.Karram  
S.Palm

12.05 **Sponsored Symposium Neomedic\***

13.05 MIPS Annual Business General Meeting & Packed Lunch  
(For MIPS members only)



14.05 Closing ceremony  
Best Abstracts Award

## NON DISCUSSED POSTERS

1. Transobturator tensionfree sling for stress urinary incontinence - five year follow up  
Iliev Vasil, Andonova Irena, Kotevska Vesna
2. Efficacy and Outcome of Sling Procedures for Female Stress Urinary Incontinence: a Five Year Results  
Hodzic Damir, Zupic Tomislav, Valetic Josip, Gojevic Ante, Franulic Daniela, Oreskovic Slavko
3. Robot-assisted Low Ventral Rectopexy with biological mesh: the experience of a Proctologic Unit  
Sturiale Alessandro, Fabiani Bernardina, Giani Iacopo, Menconi Claudia, Liuwei Cheng, Naldini Gabriele
4. Acupuncture For The Treatment Of Overactive Bladder: A Review Of The Literature  
Garcia-Rojo Dario, Vicente Eduardo, Centeno Clara, Fadil Younes, Capdevila Marta, Prera Angel, Abad Carlos, Gonzalez-Sala Jose Luis, Hannaoui Naim, Muñoz Jesus, Dominguez Arturo, De Verdonces Leticia, Parejo Victor, Rosado Mario, Planelles Paula, Prats Juan
5. The role of Autoimmunity and Gene polymorphism in infertility  
Gherbal Naema, Said Edith

## Sponsored Symposia

SATURDAY 3<sup>rd</sup> December 2016

- |                              |  |            |
|------------------------------|--|------------|
| 09.15                        | Sponsored Symposium DEKA<br>Laser therapy of postmenopausal vagina atrophy:<br>Where do we draw the line?<br>Introduction: Biagio Adile, Diaa Rizk | M. Karram  |
| Sponsored Symposium NEOMEDIC |  |            |
| 12.05                        | 20 years of female adjustable sling Remeex   | C. Errando |
| 12.20                        | 15 years of male adjustable sling-MRS  | C. Errando |
| 12.30                        | 10 years of mesh POP correction POP - Surelift   | G. Baya    |
| 12.45                        | Vaginal or Laparoscopic which route to take  | M. Dorez   |
| 12.55                        | Discussion   |            |

# Meeting Venue

The Victoria Hotel Congress Centre  
Gorg Borg Olivier Street, Sliema SLM 1807, Malta

## UEMS Accreditation

EACCME awarded the MIPS Annual Congress with 15 UEMS Credits. In order to obtain UEMS credits it is required to attend all scientific sessions, and to complete the assessment questionnaire which will be available online from 9th to 22th December 2016. Credentials to access the questionnaire webpage will be printed on the Congress badge for those participants who provided a valid email address during registration. Participants are expected to verify the accuracy of their own contact details and to make sure those details have been properly given either online or on the registration form. We would also kindly invite participants to cooperate in verifying their presence during the Congress days. UEMS credit certificate will be available online and can be downloaded from the same registration page.

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## Registration Fee

Send the Registration Form together with the receipt of payment, made before 1 November 2016. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

Take advantage of the MIPS member registration fees. Become a member now! <a href="http://www.mipsnet.org">www.mipsnet.org</a>	Members		Non Members	
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SOCIAL DINNER	100 €	100 €	100 €	100 €

\* Based on the World Bank Classification

All costs are in Euros. The registration fee includes coffee breaks, lunches, visit the exhibits, certificate of attendance.

### CANCELLATION POLICY

Refund of registration fees will be made as follows: post-marked prior to November 1<sup>st</sup>, 2016 - refund less 25%. After this date, no refund can be made.