











Athens Crowne Plaza Athens 24-26 June 2021



Themistoklis Grigoriadis **Charalampos Konstantinidis** 

> **MIPS President**

Diaa Rizk







ABSTRACTS SUBMITTED BY MARCH 15 HAVE ALREADY BEEN EVALUATED BY THE MIPS REVIEWING COMMITTEE









# **WELCOME MESSAGE**



# **WELCOME MESSAGE**

Dear Friends and Colleagues,

Amidst these difficult times, I would like, as the President, to announce The Seventh MIPS Annual meeting that will be held at the same venue Athens, Greece in 2021. The historical city of Athens, Greece: is one of the world's oldest metropolis and the cradle of Western civilization that is central to economic, scientific, maritime, political and cultural history of the Mediterranean region. You all know already that because of the current global Covid 19 pandemic, the MIPS Executive Board and the meeting Chairs decided to postpone the Seventh MIPS Annual Meeting of 2020. I am pleased to inform you that it was finally decided to hold The Seventh MIPS Annual meeting on 24-26 June, 2021 in the Athens Crown Plaza Hotel located in the city centre within an easy reach to the Acropolis/Parthenon and Syntagma square. The scientific theme will be the same: "Towards an evidence-based clinical practice of pelvic floor dysfunctions in the Mediterranean region".

Congratulations to our Host Chairs: Drs, Themistoklis Grigoriadis and Charalampos Konstantinidis, who kindly agreed to take the responsibility for a second time and will most certainly organize an excellent meeting to build on the outstanding successes of the previous six annual MIPS meetings. The scientific programme will be almost similar to the published programme for 2020 but updated with the most recent advances and will include multi-disciplinary sessions that are tailored to health care provider's educational needs and training priorities as well as patient care in the Mediterranean countries for both male and female pelvic floor disorders. There will be three free communication sessions with two awards for the best basic science and clinical presentations. The winners will receive free MIPS annual subscription for 2021 as well as free registration for MIPS 2022. I advise our young colleagues, whether fellows or residents, to use this opportunity, to share their research findings with Mediterranean colleagues.

We would like to cordially invite you to attend our seventh annual meeting in 2021 to further the scientific interaction and friendship between health care providers working in the Mediterranean region with a consequent positive impact on incontinence care and service delivery to our patients. Your participation in the Business Annual General Meeting of Members is very important to us because we want to listen to your views and ideas and maintain our personal interaction with all of our members.

Themos, Charalampous, Natalia Trotta our Executive Director, and I are very much looking forward to welcome you in Athens in June, 2021. Stay safe!

Diaa Rizk, MIPS President

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# **THURSDAY, 24 JUNE**

11.45 - 12.00	Opening Ceremony D. Rizk, T. Grigoriadis, C. Konstantinidis Dimitrios Loutradis - President of the Hellenic Society of Obstetrics and Gynecology Ioannis Gkialas - President of the Hellenic Urological Association	1
12:00 – 13:50	Plenary Session 1   Chronic Pelvic Pain Chairs: M. Cervigni , A. Skolarikos	
12:00 – 12:20	Terminology and classification	M. Samarinas
12:20 – 12:40	Male Chronic pelvic pain	A. Dellis
12:40 – 13:00	Female Chronic pelvic pain	M. Cervigni
13:00 – 13:20 13:20 – 13:40	The role of Physical Medicine & Rehabilitation in evaluation and management of CPP Treating Chronic pelvic pain with physiotherapy	E. Moumtzi P. Tsobanoglou
13:40 – 13:50	Discussion	r. Isubanugiuu
10.10 10.00	Biodosion	
13:50 - 14:35	Welcome Buffet	
14:35 – 16:45	Plenary Session 2   Female Stress Urinary Incontinence Chairs: T. Grigoriadis, A. Lukanovic	
14:35 – 14:55	Synthetic tapes: still the "gold standard"?	P. Vakas
14:55 – 15:15	Morbidity from Burch and Autologous fascial sling. What women need to know?	A. Lukanovic
15:15 – 15:35	Bulking agents: When and why?	S. Tosson
15:35 – 15:55 15:50 – 16:15	Tapes for complex cases The role of physioterapy	D. Lukanovic P. Tsobanoglou
16:15 – 16:35	Genitoury Fistulas (incontinence related fistulas)	S. Bajramovic
16:35 – 16:45	Discussion	o. Daji arriovic
16:45 - 17:10	Coffee Break	

11.00 - 11.45

Registration





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# **THURSDAY, 24 JUNE**

17:10 – 19:00	Plenary Session 3   OAB Chairs: C. Errando, S. Vlachos	
17:10 - 17:30	Epidemiology, quality of life, diagnostic work-up	C. Konstantinidis
17:30 - 17:50	The place of conservative management in OAB- Rec UTIs	A. Galata
17:50 - 18:10	Pharmalogic therapies: a 2022 update	I. Mitsogiannis
18:10 - 18:30	The use of botulinum toxin: from clinical trials to real life	E. Finazzi Agrò
18:30 - 18:50	Neuromodulation	P. Blasco Hernández
18:50 – 19:00	Discussion	
19:00 – 20.00	MIPS BOARD MEETING For MIPS Board members only	

# FRIDAY, 25 JUNE

08.30 - 09.30	Abstract Session 1 Chairs: C. Errando, T. Grigoriadis	
09:30 – 11:00	Plenary Session 4   Postprostatectomy Incontinence Chairs: C. Errando, I. Adamakis	
09:30 - 09:50	Is there a way to prevent incontinence?	E. Finazzi Agrò
09:50 - 10:10	The place of Conservative treatment	C. A. Rapidi
10:10 - 10:30	Slings	S. Arlandis
10:30 - 10:50	Artificial sphincter	C. Errando
10:50 – 11:00	Discussion	
11:00 - 11:30	Coffee Break	
11:30-12:30	Abstract Session 2 Chairs: F. Dökmeci, S. Tosson	



# Debate Club-1 | Caesarean section on maternal request to prevent POP and UI Chairs: D. Rizk. A. Antsaklis

Chairs: D. Rizk,	A. Antsakiis	
12:30 - 12:45	YES: A rightful choice	K. Blanas
12:45 - 13:00	NO: The risks outweigh benefits	S. Jankovic
13:00 – 13:20	Discussion	
13:20 – 13:40	SUFU Lecture QOL in Urogynaecology: What can I do with all these PROs?	A. Smith
13:40 - 14:30	Lunch	



# FRIDAY, 25 JUNE

14:30 - 16:25 14:30 - 14:50 14:50 - 15:10 15:10 - 15:30 15:30 - 15:50 15:50 - 16:10 16:10 - 16:25	Plenary Session 5   Surgical treatment of POP - Controversies after mesh crisis Chairs: D. Rizk, M. Cervigni No meshes needed: The art of transvaginal native tissue surgery Laparoscopic approaches with meshes Laparoscopic approaches with native tissues Mesh Complications of POP surgery Nursing inventions in PDF Discussion	S. Athanasiou K. Drusany Staric A. Protopapas E. Delorme R. Neves
16:25 - 16:55	Coffee Break	
16:55 – 18:45	Plenary Session 6   Female Sexual Dysfunction Chair: F. Dökmeci	
16:55 – 17:15	The role of a Sexologist in FSD related to PFDs  The impact of users recorded as a PFD related assumed to	M. Tzitzika
17:15 – 17:35 17:35 – 17:55	The impact of urogynecological surgery on PFD related sexual dy Cosmetic Gynecology: PRP + Hyaluronic acid	F. Dokmeci D. Zacharakis
17:55 – 18:15	Laser: What we Known Today, what is the future	S. Salvatore
18:15 – 18:35	Can we treat Female Sexual Dysfunction with Physioterapy?	I. Ramirez Garcia
18:35 – 18:45	Discussion	
18:45 – 19.15	MIPS ANNUAL GENERAL MEETING For MIPS members only	





# **SATURDAY, 26 JUNE**

08.30 - 09.30 **Abstract Session 3** 

Chairs: S. Arlandis, A. Lukanovic

## **Debate club-2 | Preoperative Urodynamics for SUI**

Chairs: E. Finazz	zi Agrò, D. Sioutis	
09:30 - 09:45	Yes! The bladder is an unreliable witness	M. Serati
09:45 - 10:00	No! I trust my clinical judgment	A. Smith
10:00 – 10:15	Discussion	
10:15 – 10:35	Research Update: New molecular targets for OAB	M. Silva Ramos
10:35 - 11:05	Coffee Break	
11.05 10.55	Diamana Cassian 7   Cassial considerations of Neuronauia LUTC	
11:05 – 12:55	Plenary Session 7   Special considerations of Neurogenic LUTS	
44.05 44.05	Chairs: C. Konstantinidis, S. Arlandis	
11:05 – 11:25	SINUG Lecture	0.4.1
	Neurogenic Urinary incontinence	S. Arlandis
11:25 – 11:45	UTI's: Current Concepts in neurogenic patients	S. Bajramovic
11:45 – 12:05	Neurological Disabilities in Pregnancy	A. Manthos
12:05 – 12:25	Challenges in intermittent catheterizations	R. Neves
12:25 - 12:45	The role of a specialized nurse in a Urodynamic unit	A. Nikolia
12:45 - 12:55	Discussion	

### Debate club-3 | Uterus preserving surgery for POP?

Chairs: E	. Delorme.	M. Litos		

Official C. E. Dolo	71110, 11. 2100	
12:55 - 13:10	Yes, always if is not contraindicated	N. Badzakov
13:10 - 13:25	No, this surgery is suboptimal	T. Mikos
13:25 - 13:40	Discussion	

13:40 – 14:00 Closing Ceremony, Best Abstract Awards – MIPS 2022 Announcement







#### **VENUE**

Crowne Plaza Athens - City Centre Michalacopoulou Street 50, Athens - 11528 | Greece

### REGISTRATION

Register online at www.mipsnet.org by 10th June 2021. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

Take advantage of the MIPS member registration fees! Become a member now!

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Until 15th March	After 15th March	Until 15th March	After 15th March	
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<sup>\*</sup> Fee is intended per person, in Euros, VAT free. The registration fee includes certificate of attendance, CME and UEMS related forms, coffee breaks and lunch, free entrance to the exhibition area. For group registration, please contact the Organizing Secretariat in order to take advantage of registration package.

### **ABSTRACTS**

DEADLINE for Abstract Submission is 30th November 2020. Abstracts submitted by 15th March 2020, have been already evaluated and selected from the MIPS reviewing committee and communications of acceptance/rejection have been sent to the authors. The presentation method (oral/poster/video) will be notified as soon as the final programme will be finalised (January 2021).

#### Presentation Methods:

1 Oral (Podium) presentation, 2 Video presentation, 3 Non-Discussed posters

### **Abstract Agreements**

If your abstract is accepted for either oral or poster session, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

### **UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS**

The VII MIPS Annual Meeting will be submitted to the European Accreditation Council for Continuing Medical Education (EACCME®) for accreditation of the scientific programme.

#### **HOTEL & ACCOMMODATION**

For hotel reservations, please contact the organizing secretariat.

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<sup>\*\*</sup> Requires letter from chair/supervisor with Registration Form.

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