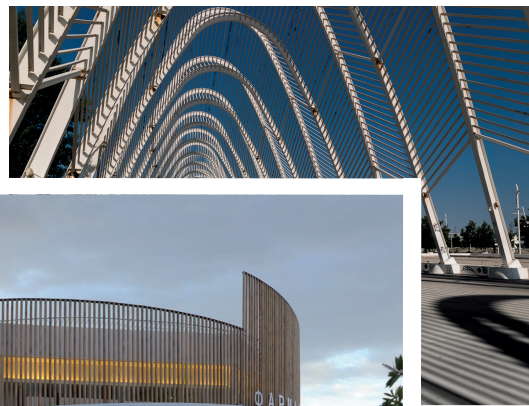
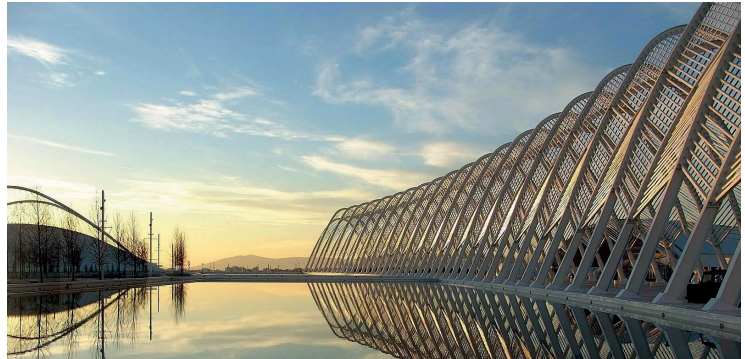


# VII MIPS

## ANNUAL MEETING



## PRELIMINARY PROGRAMME



ABSTRACT SUBMISSION  
DEADLINE **15 Mar 2020**



**Athens**  
Crowne Plaza Athens  
**4-6 June 2020**

### Meeting Chairs

**Themistoklis Grigoriadis**  
**Charalampos Konstantinidis**

### MIPS President

**Diaa Rizk**



WEBSITE  
[WWW.MIPSNET.ORG](http://WWW.MIPSNET.ORG)

## WELCOME MESSAGE

Dear Friends and Colleagues,

It gives me great pleasure, as the President, to announce The Seventh MIPS Annual Meeting. The venue is the historical city of Athens, Greece: one of the world's oldest metropolis and the cradle of Western civilization that is central to economic, scientific, maritime, political and cultural history of the Mediterranean region. The meeting will be held on 4-6 June, 2020 in the Athens Crown Plaza Hotel located in the city centre within an easy reach to the Acropolis/Parthenon and Syntagma square. The scientific theme is "Towards an evidence-based clinical practice of pelvic floor dysfunctions in the Mediterranean region". Congratulations to our Host Chairs: Drs, Themistoklis Grigoriadis and Charalampos Konstantinidis, who will most certainly organize an excellent meeting to build on the outstanding successes of the previous six annual MIPS meetings. The scientific programme is multi-disciplinary and specific to health care provider's educational needs and training priorities as well as patient care in the Mediterranean countries for both male and female pelvic floor disorders. There will be three free communication sessions with two awards for the best basic science and clinical presentation. The winners will receive free MIPS annual subscription for 2020 as well as free registration for MIPS 2021. I advise our young colleagues, whether fellows or residents, to use this opportunity, to share their research findings with Mediterranean colleagues. We would like to cordially invite you to attend our seventh Annual Meeting to further the scientific interaction and friendship between health care providers working in the Mediterranean region with a consequent positive impact on incontinence care and service delivery to our patients. Your participation in the Business Annual General Meeting of Members is very important to us because we want to listen to your views and ideas and maintain our personal interaction with all of our members. Themis, Charalampous, Natalia Trotta our Executive Director, and I are very much looking forward to welcome you in Athens in June, 2020!

Diaa Rizk, MIPS President

### SCIENTIFIC COMMITTEE

Diaa Rizk  
Mauro Cervigni  
Themistoklis Grigoriadis  
Charalampos Konstantinidis

### MIPS EXECUTIVE BOARD

Diaa Rizk	Safwat Tosson
Carlos Errando	Adolf Lukanovic
Biagio Adile	Fulya Dökmeci
Mauro Cervigni	Themistoklis Grigoriadis

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Kostantinos Blanas | Greece  
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Safwat Tosson | Gibraltar  
Paris Tsobanoglou | Greece  
Moiria Tzitzika | Greece  
Panagiotis Vakas | Greece  
Spiridon Vlachos | Greece  
Dimitros Zacharakis | Greece

## THURSDAY, 4 JUNE

11.00 - 11.45	Registration	
11.45 - 12.00	Opening Ceremony <b>D. Rizk, T. Grigoriadis, C. Konstantinidis</b> <b>Dimitrios Loutradis - President of the Hellenic Society of Obstetrics and Gynecology</b> <b>Ioannis Gkialas - President of the Hellenic Urological Association</b>	
12:00 – 13:50	<b>Plenary Session 1   Chronic Pelvic Pain</b> <b>Chairs: M. Cervigni , A. Skolarikos</b>	
12:00 – 12:20	Terminology and classification	M. Samarinas
12:20 – 12:40	Male Chronic pelvic pain	A. Dellis
12:40 – 13:00	Female Chronic pelvic pain	M. Cervigni
13:00 – 13:20	The role of Physical Medicine & Rehabilitation in evaluation and management of CPP	E. Moumtzi
13:20 – 13:40	Treating Chronic pelvic pain with physiotherapy	P. Tsobanoglou
13:40 – 13:50	Discussion	
13:50 - 14:35	Welcome Buffet	
14:35 – 16:45	<b>Plenary Session 2   Female Stress Urinary Incontinence</b> <b>Chairs: T. Grigoriadis, A. Lukanovic</b>	
14:35 – 14:55	Synthetic tapes: still the "gold standard"?	P. Vakas
14:55 – 15:15	Morbidity from Burch and Autologous fascial sling. What women need to know?	A. Lukanovic
15:15 – 15:35	Bulking agents: When and why?	S. Tosson
15:35 – 15:55	Tapes for complex cases	D. Lukanovic
15:50 – 16:15	The role of physiotherapy	P. Tsobanoglou
16:15 – 16:35	Genitoury Fistulas (incontinence related fistulas)	S. Bajramovic
16:35 – 16:45	Discussion	
16:45 - 17:10	Coffee Break	





## THURSDAY, 4 JUNE

17:10 – 19:00	<b>Plenary Session 3   OAB</b> <b>Chairs: C. Errando, S. Vlachos</b>	
17:10 – 17:30	Epidemiology, quality of life, diagnostic work-up	C. Konstantinidis
17:30 – 17:50	The place of conservative management in OAB- Rec UTIs	A. Galata
17:50 – 18:10	Pharmacologic therapies: a 2020 update	I. Mitsogiannis
18:10 – 18:30	The use of botulinum toxin: from clinical trials to real life	E. Finazzi Agrò
18:30 – 18:50	Neuromodulation	P. Blasco Hernández
18:50 – 19:00	Discussion	
19:00 – 20:00	<b>MIPS BOARD MEETING</b> For MIPS Board members only	

## FRIDAY, 5 JUNE

08.30 – 09.30	<b>Abstract Session 1</b> <b>Chairs: C. Errando, T. Grigoriadis</b>	
09:30 – 11:00	<b>Plenary Session 4   Postprostatectomy Incontinence</b> <b>Chairs: C. Errando, I. Adamakis</b>	
09:30 – 09:50	Is there a way to prevent incontinence?	E. Finazzi Agrò
09:50 – 10:10	The place of Conservative treatment	C. A. Rapi
10:10 – 10:30	Slings	S. Arlandis
10:30 – 10:50	Artificial sphincter	C. Errando
10:50 – 11:00	Discussion	
11:00 – 11:30	Coffee Break	
11:30-12:30	<b>Abstract Session 2</b> <b>Chairs: F. Dökmeci, S. Tosson</b>	
	<b>Debate Club-1   Caesarean section on maternal request to prevent POP and UI</b> <b>Chairs: D. Rizk, A. Antsaklis</b>	
12:30 – 12:45	YES: A rightful choice	K. Blanas
12:45 – 13:00	NO: The risks outweigh benefits	S. Jankovic
13:00 – 13:20	Discussion	
13:20 – 13:40	<b>SUFU Lecture</b> QOL in Urogynaecology: What can I do with all these PROs?	A. Smith
13:40 – 14:30	Lunch	





## FRIDAY, 5 JUNE

14:30 – 16:25	<b>Plenary Session 5   Surgical treatment of POP – Controversies after mesh crisis</b>	
	<b>Chairs: D. Rizk, M. Cervigni</b>	
14:30 – 14:50	No meshes needed: The art of transvaginal native tissue surgery	S. Athanasiou
14:50 – 15:10	Laparoscopic approaches with meshes	K. Drusany Staric
15:10 – 15:30	Laparoscopic approaches with native tissues	A. Protopapas
15:30 – 15:50	Mesh Complications of POP surgery	E. Delorme
15:50 – 16:10	Nursing inventions in PDF	R. Neves
16:10 – 16:25	Discussion	
16:25 – 16:55	Coffee Break	
16:55 – 18:45	<b>Plenary Session 6   Female Sexual Dysfunction</b>	
	<b>Chair: F. Dökmeci</b>	
16:55 – 17:15	The role of a Sexologist in FSD related to PFDs	M. Tzitzika
17:15 – 17:35	The impact of urogynecological surgery on PFD related sexual dy	F. Dokmeci
17:35 – 17:55	Cosmetic Gynecology: PRP + Hyaluronic acid	D. Zacharakis
17:55 – 18:15	Laser: What we Known Today, what is the future	S. Salvatore
18:15 – 18:35	Can we treat Female Sexual Dysfunction with Physioterapy?	I. Ramirez Garcia
18:35 – 18:45	Discussion	
18:45 – 19:15	MIPS ANNUAL GENERAL MEETING For MIPS members only	



## SATURDAY, 6 JUNE

08.30 - 09.30 **Abstract Session 3**  
Chairs: S. Arlandis, A. Lukanovic

### Debate club-2 | Preoperative Urodynamics for SUI

Chairs: E. Finazzi Agrò, D. Sioutis

09:30 - 09:45	Yes! The bladder is an unreliable witness	M. Serati
09:45 - 10:00	No! I trust my clinical judgment	A. Smith
10:00 - 10:15	Discussion	
10:15 - 10:35	Research Update: New molecular targets for OAB	M. Silva Ramos

10:35 - 11:05 Coffee Break

### Plenary Session 7 | Special considerations of Neurogenic LUTS

Chairs: C. Konstantinidis, S. Arlandis

11:05 - 11:25 **SINUG Lecture**

#### Neurogenic Urinary incontinence

11:25 - 11:45	UTI's: Current Concepts in neurogenic patients	S. Arlandis
11:45 - 12:05	Neurological Disabilities in Pregnancy	S. Bajramovic
12:05 - 12:25	Challenges in intermittent catheterizations	A. Manthos
12:25 - 12:45	The role of a specialized nurse in a Urodynamic unit	R. Neves
12:45 - 12:55	Discussion	A. Nikolia

### Debate club-3 | Uterus preserving surgery for POP?

Chairs: E. Delorme, M. Litos

12:55 - 13:10	Yes, always if is not contraindicated	N. Badzakov
13:10 - 13:25	No, this surgery is suboptimal	T. Mikos
13:25 - 13:40	Discussion	

13:40 - 14:00 Closing Ceremony, Best Abstract Awards – MIPS 2021 Announcement



## VENUE

Crowne Plaza Athens - City Centre  
Michalacopoulou Street 50, Athens - 11528 | Greece

## REGISTRATION

Register online at [www.mipsnet.org](http://www.mipsnet.org) or send registration form to the organizing secretariat together with the receipt of payment by 15 th May 2020. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

### Take advantage of the MIPS member registration fees! Become a member now!

Registration Fees*	MIPS MEMBERS		NON MEMBERS	
	Until 15th March	After 15th March	Until 15th March	After 15th March
MD, PhD	250€	300€	300€	350€
Nurses, Physiotherapists, Midwives	150€	200€	200€	250€
Resident/Trainee/ Research Fellow**	120€	120€	150€	150€
Least developed country***	80€	80€	150€	150€
Trainees Least developed country***	50€	50€	50€	50€
Social Dinner	80€	80€	80€	80€

\* Fee is intended per person, in Euros, VAT free. The registration fee includes certificate of attendance, CME and UEMS related forms, coffee breaks and lunch, free entrance to the exhibition area. For group registration, please contact the Organizing Secretariat in order to take advantage of registration package.

\*\* Requires letter from chair/supervisor with Registration Form.

\*\*\* Based on the World Bank Classification. Requires proof of passport with registration.

## ABSTRACTS

DEADLINE for Abstract Submission is 15th March 2020

Presentation Methods:

Oral (Podium) presentation

Video presentation

Non-Discussed posters

Abstract Agreements

If your abstract is accepted for either oral or poster session, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

## UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

The VII MIPS Annual Meeting will be submitted to the European Accreditation Council for Continuing Medical Education (EACCME®) for accreditation of the scientific programme.

## HOTEL & ACCOMMODATION

For hotel reservations, please contact the organizing secretariat.

## BECOME A MIPS MEMBER NOW

Standard Membership fees to MIPS

<b>Doctors € 50,00</b>	<b>Nurses 25€</b>	<b>Physiotherapists € 25</b>	<b>Midwives € 25</b>	<b>Trainees € 25</b>
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Further information about MIPS and more affiliation options are available at [WWW.MIPSNET.ORG](http://WWW.MIPSNET.ORG)





